



FREDDIE'S MARKET

"Your Hometown Grocery Store"®

Week of August 21, 2017 - August 27, 2017

HOT PLATES

\$7.99

MONDAY:

Meat Loaf with homemade Mashed Potatoes, Gravy, Vegetable & a Roll

TUESDAY

BBQ Pulled Beef Sandwich with Potato Chips, and your choice of Cole Slaw or Potato Salad

WEDNESDAY

Chicken Parmesan with Pasta, and Salad, and a Dinner Roll

THURSDAY

Mostaccioli with a Salad and Garlic Bread

FRIDAY

Steak Sandwich with Chips, and your choice of Cole Slaw or Potato Salad

MEAT DEPARTMENT



USDA Choice

BONELESS SIRLOIN STEAK

\$6.99 lb.

USDA Choice

SIRLOIN TIP ROAST

\$4.99 lb.

Boneless Center Cut

PORK ROAST

\$2.99 lb.

TILAPIA FILLETS

\$5.99 lb.

DELI DEPARTMENT



Freddie's Hickory Smoked

SMOKED WHOLE CHICKENS

\$6.99 ea.

Freddie's Store Cooked

TURKEY BREAST

\$9.99 lb.

Freddie's Homemade

BBQ BEEF - From our Smoker!

\$6.99 lb.

Boar's Head

LOW SODIUM HAM

\$9.99 lb.

PRODUCE DEPARTMENT



Full Pint

BLUEBERRIES

2 / \$5

California

PLUMS

\$1.99 lb.

Homegrown

GREEN PEPPERS

2 / \$.99

Chiquita

BANANAS

.47 lb.

HOME DELIVERY

CALL ABOUT OUR HOME DELIVERY SERVICES

- same day delivery options available

SPECIALTY MEATS

CHECK OUT OUR SELECTION OF

- Lamb

- Veal



NEW MOBILE VIP PROGRAM

text: **Freddies**

to: **71441**

to join our new Mobile VIP Club



FREDDIE'S MARKET

"Your Hometown Grocery Store"®

MEAT · GROCERY · DELI · PRODUCE · BAKERY

9052 Big Bend & Rock Hill
Webster Groves, MO 63119

314-968-1914

Monday - Friday: 8:00 AM - 7:00 PM

Saturday: 8:00 AM - 6:00 PM

Sunday: 10:00 AM - 5:00 PM